



## **Sishado BBQ Meat**

### ***Ingredients:***

1 kg Meat of your choice

250 ml Sishado BBQ or Hot (or a combination of both)

### ***Preparation:***

Clean the meat and cut into desired pieces.

Marinate the meat and put in the fridge for 4-6 hours.

Pre-heat your Grill or BBQ.

Place the meat on Grill or BBQ. Drizzle some Sishado over the meat and Grill or BBQ on both sides until to your liking (tender).

Enjoy!

