



Sishado Vegetarian Kebab

Ingredients:

5 small tomatoes
10-15 chunks of pineapple
1 yellow bell pepper
1 red bell pepper
1 zucchini or eggplant
50 ml Sishado of your choice
5 skewers

Preparation:

Pre-heat your Grill or BBQ.
Chop the peppers into cubes. Dice the zucchini or eggplant
Put all the veggies on skewers. Drizzle the Sishado over them and Grill
or BBQ for 5 minutes on both sides or until your liking. Enjoy!

